



RETREAT

FRIDAY

6:30-
8:30
PM Arrival

8:30
PM Orientation

9:00
PM Snack

10:30
PM Quiet Time

SUNDAY

8:30
AM Breakfast

10
AM Chapel

11:45
AM Lunch (Departure After Lunch)

ACTIVITIES

Hot Tub/ Sauna (Sat 11-11 & Sun 8-Lunch)
Ping Pong, Foosball, Board Games, Puzzles
Fireside After Snack

SATURDAY

8:30
AM Breakfast

10
AM Chapel

12:30
PM Lunch

1:30
PM Lectio Divina (Chapel)

2:00
PM Tuck Shop (Back of Dining Hall)

2:15
PM Various Survival Skills -
May include: Nature Walk,
- Fire Building, Knots/
4:00 Shelter, Other Skills etc.
PM (Meet at Lodge Fireplace)

5:30
PM Dinner

7:00
PM Chapel

9:00
PM Snack

9:30
PM Fireside Cobbler
